

STAY SAFE

Newsletter

Let's stay safe

We want to make sure that all children and young people in Wigan Borough feel safe and cared for.

We've put this newsletter together for children and young people because we want to show you some good examples of how children and young people in the borough are keeping themselves safe and pass on tips about how to stay safe.

If you've got any good examples in your school of how you help keep each other safe, let us know and we will be happy to share them.

Email us at wscb@wigan.gov.uk

Thank you!

Wigan Safeguarding Partnership

SAFEGUARDING SOLDIERS



Safeguarding Soldiers project at Ince CE Primary School

The Safeguarding Soldiers project at Ince CE Primary School, has been set up by Mrs Traynor. The group's aim is to make sure that none of the children in school are neglected and have food, warmth and love.

The group makes sure that the school is a safe environment and children in school know they can talk to children in the group if they have any worries.

We think Safeguarding Soldiers groups are a really good idea and can help lots of children from different schools. If you want to be part of a similar project in your school, talk to your teachers.

Safeguarding Word Search

- | | |
|---------|--------------|
| COURAGE | KIND |
| FAMILY | LOVE |
| FOOD | SAFEGUARDING |
| FRIENDS | SUPPORT |
| HELP | TRUTH |
| HUGS | |

C	S	S	T	T	L	E	R	U	M	Y	S	U
I	I	T	A	O	A	A	E	A	L	S	R	O
W	T	F	M	S	N	H	U	H	U	G	D	R
E	O	R	F	Y	C	A	N	P	M	U	Y	H
I	I	I	A	T	O	F	P	I	K	H	G	I
O	H	E	M	T	U	O	T	I	Y	T	F	L
O	G	N	I	D	R	A	U	G	E	F	A	S
P	T	D	L	T	A	U	T	O	E	A	H	M
P	L	S	Y	H	G	D	T	M	E	T	M	P
T	C	E	L	G	E	N	F	H	U	M	O	H
A	U	V	H	S	P	I	E	P	C	E	N	I
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WHO DO YOU TALK TO WHEN YOU ARE WORRIED ABOUT SOMETHING?

It is really important to talk to a trusted adult if you are feeling worried, sad, anxious, unsafe, hurt or frightened.

A trusted adult is somebody over the age of 18. They could be a parent or carer, grandparent, aunty or uncle, brother or sister (if they are over 18), teacher or member of school staff, social worker, club leader, youth worker, sports coach or a friend's parent or carer.

Choose a time when it feels easy to talk and a quiet place that is safe.

Telling somebody can be hard and you may struggle to start the conversation, but you could always write

it down, use a drawing, maybe send a text or use toys to tell somebody about your worry.

You can also contact Childline, they are a service just for children and young people.

Their number is 0800 1111 and it is free to call them.

Or you can visit the website www.childline.org.uk If you'd rather talk to someone online, take a look at this web page to find some organisations that work with children and young people:

<https://www.wigan.gov.uk/LINC2/Survival-Guide/Health-and-wellbeing/Mental-health.aspx>

TOP TIPS TO STAY SAFE ONLINE

- Think before you post
- Don't upload or share anything you wouldn't want your parents, carers, or teachers seeing. As soon as you post something, you lose control of it, especially if someone else screenshots or shares it
- Don't share personal details
- Keep things like your address, phone number, full name, school, and date of birth private, and check what people can see in your privacy settings. Remember that people can use small clues such as a school logo in a photo to find out a lot about you
- Think about who you're talking to
- There are lots of ways that people can try to trick you into trusting them online. Even if you like and trust someone you've met online, never share personal information with them such as your address, full name, or where you go to school. If anything about your conversation makes you feel uncomfortable, always tell an adult you trust
- Never give out your password
- You should never give out your password or log-in information. Make sure you pick strong, easy to remember password.

For more tips about staying safe online, go to www.thinkuknow.co.uk

TOOTOOT APP

The logo for the Tootoot app, featuring the word "tootoot" in a white, lowercase, sans-serif font with three curved lines to the right representing sound waves. The logo is set against a blue square background, which is itself on a white Polaroid-style frame.

TooToot is a useful app where you can report anything from bullying, an issue at home or if you are feeling sad and scared.

Some schools use TootToot, others use worry boxes or drop in sessions with school staff to help children feel safe. What do you do at your school? Email us at wscb@wigan.gov.uk and you could be part of our next newsletter!

A circular logo with a green background. The words "STAY SAFE" are written in a white, stylized, blocky font. The letter "A" in "SAFE" is replaced by a white exclamation mark.